

The ASM Lending Library is a **Free** and valuable resource for parents, relatives, professionals and children here in Maine. The collection can be viewed on the ASM website, or we can mail a printed list to you. To receive library items, call or email the office with your request to have material sent to you. (We include return postage.) OR, stop by the office and browse for yourself. (We have a play area for the kids.)

Be sure to also check out our YouTube page for read aloud books as well.

www.youtube.com/user/AutismSocietyofME
Lending Library online:
www.asmonline.org/library.asp
or call 1-800-273-5200

The Autism Society of Maine provides education and resources to support the valued lives of individuals on the autism spectrum and their families.

Here are just a few of the available titles available for children:

Young Readers

Tobin Learns to Make Friends (3 and up)

by Diane Murrell

Friends Learn About Tobin (3 and up)

by Diane Murrell

Autism is ... ? (3 and up)

by Ymkje Wideman-van der Loan



Siblings

Views from Our Shoes by (9 and up)

by Donald Joseph Meyer

All About My Brother (4 and up)

by Sarah Peralta

Everybody Is Different (9 and up)

by Fiona Bleach

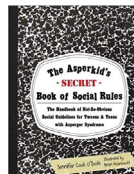
Junior Readers

Socially Curious and Curiously Social

by Michelle Garcia Winner & Pamela Crooke

The Asperkids' (Secret) Book of Social Rules

by Jennifer Cook O'Toole



Model Me Kids (dvds)

a teaching tool and demonstrates social skills in different environments. Real children model each skill.

Videos are available for all ages.



Autism Society
Maine

The Connection Is You.

Autism Society of Maine

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Revised 7/22



Kid's Brochure

How many people have autism?

- An estimated 3.5 million in the U.S.
- Boys > girls
- Rich or poor, any color or race, any city or country.

What are people who have autism like?

- act differently
- have difficulty paying attention
- like to be alone
- may make noises, spin, prefer same toys, body rocking, flick fingers

Children who have autism may have difficulty communicating. You may hear a person who has autism repeat words or phrases that someone else has said. They often don't ask for what they want or need, or talk about their feelings. It's not easy for children who have autism to make friends. They don't know how to play and talk like other children do. Sometimes they get too close, talk too much, and laugh at things that other kids don't think are funny. Even though children who have autism act and talk differently, it doesn't mean they don't want to have friends. Everybody is different. That's what makes being friends with other kids more fun! There's a lot you can learn from each other.

Can children with autism go to school?

Yes! There may be boys or girls who have autism at your school, or even in your classroom. Children who have autism and other disabilities have to go to school to learn math and reading just like you. They may be in a classroom like yours all day long with a special helper, or they may only come into your class for part of the day. Some children spend all day in a class set up especially for them.

What is autism?

Autism is a developmental disability. This means that children are born with autism and will have it all of their lives. But they can learn and grow up to have jobs just like you!

Children who have autism develop skills differently than most kids. They may also have a different way of seeing, hearing, or feeling things. Sounds that you think are loud may actually be felt as pain, so a person with autism may cover their ears. Bright lights may hurt their eyes, so they turn the lights off, cover their eyes, or try to get away from the light. Things that you don't think hurt may be painful to children who have autism, or they may not feel any pain at all when they fall down or hurt themselves. Children who have autism don't like change. They like to do the same things over and over, and have a hard time stopping what they are



doing when their parents or teachers ask them to. They also like to do things the same way every time, so when something is different they may get very upset. Some children who have autism cannot speak so they may learn to use sign language, a computer, or a book with pictures in it to tell people what they want or how they feel. Other children may speak but have difficulty saying what they want to say. And some children who have autism will talk just like you do.



Can autism be cured?

Nobody knows for sure what causes autism, so we can't make it go away. Children who have autism can be helped to grow up like other kids. They may go to college, get a job and learn to make friends and enjoy family life. People with autism can get married and have children just like you. People with autism can grow up to be computer operators, artists, or work at a bank or in the shopping mall.

Teen Social Group

ASM has a teen social group which meets once a month from September to June. We welcome teens ages 11-18 to join us for fun, games, arts, crafts, snacks and conversation. We offer a safe, non-judgmental environment for teens to hang out and socialize with their peers and form some lasting friendships.

For more information:
<https://www.asmonline.org/resources/support-groups.aspx>
or call ASM 1-800-273-5200.

QUESTIONS? COMMENTS? WE'D LOVE TO HEAR FROM YOU!
CONTACT US AT: PHONE: 1-800-273-5200
E-MAIL: LIBRARY@ASMONUNE.ORG
OR VISIT US ON THE WEB AT WWW.ASMONLINE.ORG