

# Autism Acceptance Month

The Connection Is You™



## What is Autism?

Autism Spectrum Disorder (ASD), is a complex, lifelong developmental condition that typically appears during early childhood and can impact a person's **social skills**, **communication**, **relationships**, and **self-regulation**. The Autism experience is different for everyone. It is defined by a certain set of behaviors and is often referred to as a "spectrum condition" that affects people differently and to varying degrees.

While there is currently no known single cause of Autism, early diagnosis helps a person receive resources that can support the choices and opportunities needed to live fully.



Relationships   Communication   Self-Regulation   Social Skills

## Autism Signs & Characteristics

- Repetitive behaviors, movements, or phrases
- Lack of response to normal stimuli (i.e. his/her name, visual cues)
- Atypical verbal communication or non-speaking
- Difficulty understanding or expressing feelings
- Avoiding eye contact

## #CelebrateDifferences

The Autism Society's mission is to create connections, empowering everyone in the Autism community with the resources needed to live fully. This Autism Acceptance Month, **you can be the connection** to help us fulfill our mission.

- Educate yourself and share resources
- Take action through advocacy
- Connect to a local Autism Society affiliate
- Attend an Autism Society event
- Host a fundraiser
- Donate, every dollar helps
- Connect by using the hashtag, **#CelebrateDifferences**

For support, or to learn more, call 1-800-3-Autism or email [info@autism-society.org](mailto:info@autism-society.org). [www.AutismSociety.org](http://www.AutismSociety.org)

Autism Society of Maine  
call 1-800-273-5200 email: [info@asmonline.org](mailto:info@asmonline.org)  
[www.asmonline.org](http://www.asmonline.org)