22 – Home and Community benefits for the Physically Disabled Adults

**Definition** — This section provides medically necessary home and community benefits to MaineCare members who are physically disabled and age eighteen (18) and over.

**Eligibility**

- The person is age eighteen (18) or older.
- The individual must have the cognitive capacity, as assessed on the MED form to be able to “self direct” their attendant(s).
- Meets both general Maine Care medical and financial eligibility requirements.
- Individual has a disability with functional impairments, which interfere with his/her own capacity to provide self-care and daily living skills without assistance.

**Covered Services Could Include:**

- Covered services must be required in order to maintain the member’s current health status, or prevent or delay deterioration of a member’s health and/or avoid long-term institutional care;
- Skills Training.
- Supports Brokerage.
- Financial Management Services.
- Personal Care Attendant Services (PCA);
- Assistance with ADL tasks and also may include IADLs and/or health maintenance activities;
- Personal Emergency Response System.

**Limitations**

- Must not be residing in a hospital, nursing facility, private non-medical institution, or Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) as an inpatient.
- MaineCare will reimburse for no more than eighty-six and one-quarter (86.25) hours of personal attendant services per week under this Section.
- Skills training should not exceed fourteen and one quarter (14.25) hours annually, including the two (2) hours required for initial instruction.
- Supports Brokerage shall not exceed eighteen (18) hours annually.

**For more information contact:**

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740