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See Insert



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Let  
ME.  
spread  
the word on  
AUTISM

**AUTISM SOCIETY**  
Improving the Lives of All Affected by Autism  
Maine

# Maine Autism

## ASM Annual Meeting

by Cathy Dionne

Once a year the Autism Society of Maine holds its Annual Meeting for members. The Annual meeting is a time to reflect and report on the past fiscal year's accomplishments. Janine Collins, President of ASM, welcomed members and led our annual meeting with opening remarks.

New board members were introduced, and thanks and farewell given to outgoing Board members. Board of Directors: Re-elected: Jonathan Duguay, Richard Farnsworth, Kenneth Huhn, and Janine Collins (President). Lynda Mazzola was elected as a new "old" member. Thank you, Mike Lamoreau, outgoing Board Member. New board members will serve a two year term.

Our guest speaker was Don Meyer, founder of the Sibling Support Project located in Seattle, Washington. Don has presented on issues facing families of children with special needs all over the world. He has created the Sibshop model, which provides peer support and information to thousands of young brothers and sisters of children with special health and developmental needs. He is a best-selling author of five books on families of children with special needs, and he created SibKids and SibNet, the internet's first and largest listserv for young and adult siblings of people with disabilities.

Cathy Dionne, Director of Programs and Administration, provided the members with a report on the programs and fundraising activities. ASM received 2,023 calls in the past fiscal year with over 8,227 contacts in the database and 2,415 children and adults listed on the spectrum. These numbers are up from last year. The Autism Information Specialist Program (AIS) has 26 individuals working across the state. They logged 407 hours training 3,571 parents and professionals. Our Law Enforcement program had 27 hours of trainings to local police and fire departments, training an

# Connections

Winter 2013

additional  
360 first  
responders.

Our Family Retreat Weekend was held at St. Joseph's College in Standish with 24 families in attendance. The summer camp "Camp Summit" had 25 children attending this year. 12 college students from University of Maine Farmington were their camp counselors.

ASM's website is still a valuable resource for many families and professionals who viewed 281,555 pages last year. We had 37,002 unique visitors with 10,874.89 of data transferred. Facebook has also increased to 2,242 users and 1,737 people received our email blast.

We had many wonderful events this past year that brought in \$99,423 of our fundraising income.



ASM Staff: Patrick Norton, Justine Bickford, Susan Vincent and Cathy Dionne

**Maine Autism Connections**  
*A publication of the*  
Autism Society of Maine

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Darlene Lepoff,  
*Autism Information Specialist Coordinator*

Susan Vincent,  
*Administrative Assistant*

Justine Bickford, *Secretary*

Patrick Norton,  
*Public Relations Manager*

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**AUTISM SOCIETY**  
*Improving the Lives of All Affected by Autism*  
Maine

Visit us online at: [asmonline.org](http://asmonline.org)

Stay up-to-date for Legislation issues, fund-raising events, volunteer opportunities, and upcoming happenings.



facebook.com/pages/Autism-Society-Of-Maine/107781499258293



**President's Message**

It seems hard to believe that we again have cycled around to Fall. As in past years, I hope that all of you who faced the promise and challenge of a new school year, experienced a positive transition. ASM has successfully transitioned to a new Board year and it is my privilege to be returning for another term as President. Other re-elected Board members include Ken Huhn, Jon Duguay and Dick Farnsworth. We also welcome back Lynda Mazzola, co-founder, long-time past Board member and previous past President. Continuing Board members Laurie Raymond and Nancy Ponzetti-Dyer will serve as Vice President and Secretary, respectively.



In staff news, we welcome Patrick Norton to the new position of Public Relations Manager. In his role, Pat will advance ASM's efforts to be visible throughout the State and to communicate with the community at large through our website, press releases and social media. Key to the role will be his work as a legislative liaison. He will foster ASM's presence at the State House, track legislation impacting those with autism and work with the Board's Legislative Committee to prioritize select Bills and facilitate development of testimony or other public comment. Pat comes to the position with a wealth of related background, including experience as a planner, policy analyst and manager in Maine state government. He served as the Director of the Legislature's Office of Policy and Legal Analysis for six years. He currently is an instructor in USM's (Lewiston-Auburn campus) Social and Behavioral Sciences department. Pat's professional work related to the interests of seniors and those with disabilities is informed by his own experience as a sibling to a sister with a disability. Welcome Pat! Look for Pat's legislative update in this newsletter and for more legislative news forthcoming on our website.

**ASM Annual Meeting (continued from front)**

Special presentations were awarded in the following categories.

**Professionals Providing Services Award:**

Representative Peter Stuckey  
Colin Copeland

**Professionals (those not in the field, but contributing to the field):**

Officer Patrick Griffin – Lewiston Police Department  
Officer Craig Johnson - Lewiston Police Department

**Family Members or Persons with Autism:** Jean Mason

**Autism Society of Maine Service Award:** Ken Huhn



Ken Huhn



Cathy Dionne & Jean Mason



Nancy Ponzetti-Dyer & Craig Johnson



Colin Copeland & Laurie Raymond

Editorial Notes: Maine Autism Connections and Autism Society of Maine programs and services are made possible by donations from people like you and funding from the Maine Department of Health & Human Services. We hope you will also visit us online at <http://www.asmonline.org>, where we have a great deal of information available about autism, programs, resources, news, a calendar of events, legislation and more.

## Legislative Update

The Legislature is now in the middle of its process of deciding what new bills to accept for consideration during the Second Regular Session of the 126<sup>th</sup> Legislature. That session begins in early January, but to allow time for the new bills to be drafted and printed, the Legislature needs to make decisions on these legislative requests in October and November.



The Legislative Council (the 10-member leadership committee of the Legislature) met on Wednesday, October 30<sup>th</sup> to review 399 legislative bill requests. By the end of the day, they had voted to allow 101 of these bills in for consideration, tabled 3 others and denied the remaining requests. The Legislative Council will meet again on Thursday, November 21<sup>st</sup> to hear appeals from the sponsor of bills that were not approved on October 30<sup>th</sup>. Once that meeting takes place, the public will have a much better idea of the legislation that will be considered during the Second Regular Session. The current workload of the Legislature includes 211 bills “carried over” from the First Regular Session, 101 bill requests approved last week, and 47 department bills – for a total so far of 359 bills. This number will get larger, however, once the appeals are considered. There are a number of other ways for bills to be submitted to the Legislature, however, including bills submitted by the Governor, bills submitted by Legislative studies, “after deadline” bills approved by the Legislative Council and bills reported out of committees by statute or Joint Order. I will be following all these bills and posting information on those dealing with autism and/or intellectual disabilities, including a summary of the bill, the committee of reference and the public hearing date.

### ASM is taking a more active role in the legislative process!



As the result of some staffing changes in the Autism Society of Maine, we are now in a better position to take a more active role in the Legislative process in order to better represent the interest of individuals and families affected by autism spectrum

disorders. Among other things, we will be tracking legislation more closely and communicating more quickly with families and others on public hearing and work session dates.

In addition, we will be following the state budget as it works its way through the Appropriations Committee and will closely follow items in the budget that affect state programs and services for those on the autism spectrum. We will also be following DHHS rule making activity to alert you to hearings on proposed rules that may be of interest to you. The Legislative process is complex, full of uncertainty and often frustrating for the public to follow, but we at the Autism Society of Maine are committed to keeping you informed on these key aspects of the process, so that you can remain informed and can participate in those hearings and work session when you have the time. We are looking forward to the Session, and to working with you on these issues over the coming months!

### ASM website improvements!

As a first step towards our more active role in the legislative process, the Autism Society of Maine will be making a number of improvements to its Legislative web pages in order to better help you keep track of legislative bills and understand key steps in the legislative process. Those changes will include posting links and information on new bills related to autism, following and posting information on key rule making activities by the agencies and adding some brief video-blogs to the website that explain and demonstrate how to navigate the legislative website, obtain information and testimony on bills of interest and some key steps in the legislative process. We will be making those changes over the coming month or two, but our hope is to have the updates completed before the end of the year.

### Questions?

Thank you for your interest in the legislative process, and we look forward to a busy and productive legislative session! Please visit our website at [www.asmonline.org](http://www.asmonline.org) or look us up on Facebook. If you have questions about the Society in general, feel free to contact our Winthrop office at 1-800-273-5200, or by email at [asm.asmonline.org](mailto:asm.asmonline.org). If you have specific questions about legislation or the legislative process, please contact me by email at [ptnorton@comcast.net](mailto:ptnorton@comcast.net).

Thank you! Enjoy the upcoming Holiday Season!

## 12<sup>th</sup> Annual Walk for Autism - April 27<sup>th</sup> 2014

11:00 a.m. to 12:00 noon: Registration

12:00 noon: Walk for Autism (rain or shine!)

*There will be Face Painting, Refreshments, Fire Trucks, Entertainment and more!*

- University College of Bangor in Bangor
- University of New England in Biddeford
- Farmington Fairground in Farmington
- Presque Isle Middle School in Presque Isle

The proceeds from this event will help fund the Autism Society of Maine's programs that support families here in Maine. Join our walk and help spread autism awareness and bring hope and support to families affected by autism. Invite your friends and neighbors to be a part of it, too! Enlist them to join your team or make a donation in support of your participation.

*For more information and to register as individual or team:*

<http://www.firstgiving.com/ASMMaine/Walk-for-autism-2014/>

*Autism Society of Maine: 1-800-273-5200*



## 3rd Annual Softball Tournament

Registration Starts January 1, 2014

Registration Fee \$250

This is a Co-Ed Softball Tournament. We have openings for 16 teams. Each team needs a minimum of 10 players with a maximum of 13 players. Teams need to have a team captain with contact information about the captain and each member.

You can divide the entry fee among each member of the team or get sponsorship for your team. If you get sponsors, their logo will go on the back of the T-shirts along with other sponsorships. The team that raises the most money above the entry fee will receive a plaque. The team that wins the tournament will receive a trophy.



This year we are hoping for the playoff game to be under the lights! (night game)

**Sign up early and secure your spot!**

## Camp Summit Halloween Party



Campers and counselors that attended this year's Camp Summit got together for a fun Halloween party! They played games, decorated cupcakes and really enjoyed seeing each other again, especially in their costumes!

We are so pleased that the children and counselors had such a wonderful time at summer camp that they wanted to re-connect with the friends they had made. The campers and counselors initiated the idea for the party, and we thought it was a great opportunity for them to socialize.



Thank you everyone who helped to setup and attended!

Visit our online photo gallery to see pictures:

<http://www.asmonline.org/gallery.aspt>

## Find Us on Facebook!

The Autism Society of Maine has a wonderful Facebook Community including parents, professionals, individuals and anyone interested in autism. If you are not already a friend of our Facebook page, we welcome you to join us!



by "liking" ASM's Facebook page you can help us spread the word to hundreds of new supporters!  
<https://www.facebook.com/pages/Autism-Society-Of-Maine/107781499258293>



We have a great collection of videos and will be adding more throughout the year!  
<https://www.youtube.com/user/AutismSocietyofME>



Follow us on Twitter as we 'tweet' about autism!  
<https://twitter.com/>



My Autism Team logo A reputable and friendly place to connect with other parents in Maine.  
<http://www.myautismteam.com/>

## Annual Gagne Ride for Autism - Hermon, ME

Bill and Bonnie Gagne hosted their Annual Ride for Autism on June 23<sup>rd</sup> with proceeds of \$3,603 from the event donated to the Autism Society of Maine.



The Central Maine Chapter Ladies of Harley hosted a Motorcycle Ride on September 21st and made a donation of \$1,500.

We would like to thank the Gagne Family, the Ladies of Harley, and Volunteers and Riders that participated.

**The next Annual Gagne Ride for Autism will be held on  
June 22, 2014**

## 2nd Annual Car Show for Autism

*By Wendy Humphrey*



*The Humphrey Family*

Our world was certainly turned upside down when our son, Mason, was diagnosed with Autism in 2006 at the age of five. We suspected something was not quite right when he was 3 ½ because he was not progressing as well as his older sister, Annette, had done at that same age. Therefore, we started testing him and getting him the proper therapies. Mason is currently a 7th grader at our public middle school and doing very well. We feel the early intervention, the help and accommodations he receives makes for a better life for him. Mason continues to amaze us every day and we constantly tell ourselves that our son is more than Autism.

My husband, Richard, had been wanting to do something to create awareness and raise money for the autism children in Maine, he came up with the idea of the car show because of our families' love of old cars. I was skeptical at first about the idea, but my husband was convinced that we could pull it off. With the help of our families and close friends to help us, we started planning and making it all happen. We were all so thrilled with how much we raised in the first year, \$6,403. Our expectations for the second year of the car show were high, but we never expected to raise \$9,301.

Our car show is certainly not like any others around. Our registration and all food is strictly donation only. We feel this is how we have been able to generate so much because contributors tend to give so much more than a flat fee that is usually charged. We offer a roasted pig, hamburgers, hot dogs, fresh cut french fries, baked beans, salads, drinks, and many desserts. We also get many donations for our great raffles from our dedicated family, friends, and community. We distribute trophies to the top cars, motorcycles, and big rigs chosen by the children. The most exciting part of our car show is at the end when we open up a strip for anyone to show us their best burnout. It is certainly a crowd pleaser.



**We are so excited for the 3rd Annual Car Show for Autism on  
Sunday, September 7, 2014.**

By Deb Lipsky

I have neighbors who don't fence in their livestock very well and they end up running loose all over the neighborhood. My farm perimeter is completely fenced in even along the wooded boundary line and my place is posted heavily with "no trespassing" signs. People have remarked that my property lines are so well identified that even Helen Keller couldn't miss it. Each year before hunting season I run the property lines checking to make sure all my signage is intact and this year was no different.

As I set out with my fencing tools I was overcome by the silence and beauty of my wooded areas. I even decided to drift off into a daydream somewhere along the line (pun not originally intended but now that I think of it, it is kind of funny) seeing as nothing exciting ever happens on the back 40. Picture this: I am resting peacefully against the stone wall, eyes closed, listening to the chickadees over my head. All of a sudden a loud crack snaps right behind me. I open my eyes and to my horror there are 2 eyeballs staring down at me just inches away from my face. As a paranormal investigator I pride myself in never panicking when confronted with a disembodied spirit that materializes in front of me, so I am almost ashamed to admit that all that "professionalism" went out the window in that instant. I don't scare at ghosts when I am on the hunt for them but I sure don't handle unexpected visitors dropping in on me, disembodied or alive.

At that moment my brain and body became completely disjointed and refused to work together. The little voice in my head which I affectionately call "little Debbie" (also the name my husband chose for our donkey for reasons other than for my wonderful character qualities) screamed "you are going to die at the hands of an axe murderer so run for your life!!!!"..... (Too much watching CSI shows has taken its toll on her, poor little thing). My body however just froze and was unable to execute that most demanding command. My immediate reaction to save my life was to scream like a little school girl. The shrill and deafening sound a tornado warning siren makes paled in comparison to what high pitched bellows flowed out from my mouth. That freaked out the eyeballs staring down at me that were attached to a horse's head and the poor thing ran like it was going to die at the hands of an axe murderer itself. Somehow my neighbor's horse while roaming the vast expanse of the neighborhood just happened to be at my exact location at the wrong time. Initially I was very grateful that no one witnessed this spectacle and that I didn't need to invest in adult diapers.

This incident reminded me of another encounter a few years back. While walking out to my pasture along the main road, my other neighbor's bull which had broke out of its pasture came out of nowhere and stood in front of me staring me down. This guy was close to 2000 pounds and I found out only later this massive sirloin tip roast in the making hated women. Since my neighbor was not at home my immediate

reaction was to chase the bull back into its pasture to keep it from being hit by passing vehicles, none which passed by during this show down. Not having a halter or a rope I took off my belt, flung it limply at him while all the while meekly vocalizing, "Shoo, shoo". The expression on the bull's face was a cross between bewilderment, and "really?" Annoyed that this massive potential trampling machine wasn't catching on, my bravado kicked in (my husband says it is more like stupid impulsivity) and I lunged toward the bull hoping to make him run back into his pasture. My little Zena warrior Princess moment worked and the bull turned and went into a dead run. The only problem was that instead of heading back to his pasture he was running down the road away from where he belonged. Feeling responsible that I made the situation worse I sprinted after him. My only thought was to veer him back towards his pasture. The bull's only thought was, "Hey, this isn't right....It's backwards.....I am the one who is supposed to be chasing her!" and with that the big galloping massive meat machine came to a screeching halt. He spun around, lowered his head, and snorted at me. Then he charged and we were once again off to the races but this time I was the one being chased. As I was beating feet with the bull in hot pursuit and gaining quickly, a pickup truck came toodeling along. The driver who was obviously non-autistic (evident by his comment) slowed down as he approached me. He rolled down his window as I am still running with a bull on my tail, leaned over and asked, "Is everything OK?" Why is it that a non-autistic person uses such a silly phrase when it is blatantly obvious things aren't OK?

Trying my hand once again at sarcasm I replied, "Yup, everything is fine. I am just using my neighbor's bull to help me run faster!!" At that point the angry frothing at the mouth Toro was just feet away from my behind so I just let out a yelp and dove head first into the hedgerow while the pickup guy took me at my word and drove off. Thankfully the bull ran past the hedgerow and heard the call of one of his lady cows. Other instincts took over and he ambled back into the very pasture he broke out of. I crawled out of the bushes looking like some out of place special forces soldier with dirt smudges all over my face and numerous evergreen twigs lodged in my by now very disheveled hair. It also didn't help that I was wearing camo army pants to boot. You should of seen the people driving by doing their double takes as they drove past me. I didn't care however because I had just survived the run of my life, and the bull was safe at home with his girls so I considered the entire ordeal a success.



## Autism Information Specialist Program

Autism Information Specialists (AIS) contract with the Autism Society of Maine (ASM) for individual assignments. These assignments vary from talking with families as a support person to attending educational (IEP) or vocational (PCP) planning meetings to giving public presentations. They provide valuable resource information to individuals, families, service providers, employers, schools, and agencies across the State. They promote and encourage understanding, empathy, and compassion for individuals with Autism Spectrum Disorder (ASD). They are knowledgeable and responsive to the needs of those involved in the lives of people with ASD. Currently we have Autism Information Specialists in the following Locations:

Auburn	Fairfield	Portland	Kennebunk
Bangor	Albion	Georgetown	Sanford
 Bridgton	Sidney	Harrison	 South Portland
Brunswick	Corinna	Naples	Presque Isle
Cumberland	Dexter	New Sharon	Vassalboro
 East Millinocket	 Northport	Wiscasset	Lewiston
Edmunds	 Houlton		

To increase covering the State with our services, we want to add AIS in the following areas:

Androscoggin, Aroostook, Hancock, Kennebec, Oxford, Somerset, Washington, York

Please contact the Autism Society of Maine if you are interested in becoming an AIS. 1-800-273-5200

## Autumn Ride for Autism

The Autumn Ride for Autism was sponsored by the United Bikers of Oxford County and LA Harley Davidson in Lewiston. The poker run started at LA Harley and went through Livermore, Oxford, Winthrop and ended back at LA Harley. 78 riders participated. A great lunch was provided by United Bikers of Oxford County. Those who stayed on enjoyed music from the LA Harley Band and dinner from Pedro's.

United Bikers of Oxford County made a donation in June of \$3,500 and from this event donated another \$3,200!

We are all looking forward to next year's event.

A big thank you to Pete, Kim, Pat, Rosa, Jon and Burt!

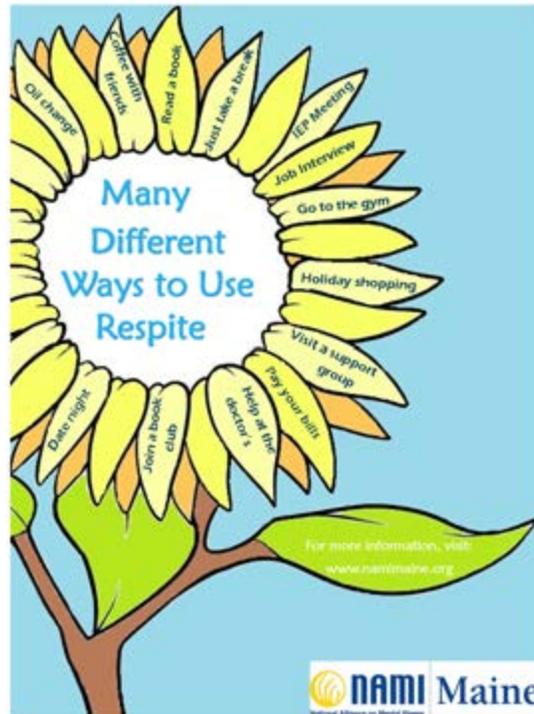


# NAMI Maine Family Respite Program

by Pete Phair

Being a parent is hard work. Being a parent of a child on the spectrum can be overwhelming. The NAMI Maine Family Respite program can offer parents and caregivers a brief, planned break from the constant focus required to care for a child with special needs. Need an hour to pay bills without distraction? Respite can help. Want to go out to dinner with just your spouse in tow? Respite is perfect for that. There are countless ways respite can be used for families with children under 18 who qualify. Families receive 16 hours per month of respite services and any hours not used roll over to the next month until the end of the fiscal year.

We hear from families all over the state of Maine about how important trust is when choosing someone to watch their children. That's why we strongly encourage them to ask friends, family or professionals who already know their child to apply to be a provider with the respite program. We will help them navigate the process and usually within a couple of weeks, we can get them certified. There is no cost to become



a provider although individuals must be current in first aid, CPR and Blood Borne Pathogens. We conduct three background checks on each applicant and providers are under no obligation to work with anyone other than families they choose.

Providers will be legally employed by NAMI Maine but will work for who they want, when they want, up to 30 hours a week. Providers set their own schedules with the families they work for.

Family Respite representatives are anxious to answer questions and offer information about how to access the program. Invite to your next staff meeting, parent night, school function or any other event for an informative presentation and Q & A.

For more information about how to apply for respite service, or how to become a respite provider, please contact NAMI Maine at 207-622-5767 or go to our website: [www.namimaine.org/respite](http://www.namimaine.org/respite)

## Severe Autism Research Grant

### ASM would like to congratulate MMCRI and Spring Harbor Hospital on a \$1.2 Million Grant to Research Severe Autism.

Dr. Siegel, a clinical scientist at the Center for Outcomes Research and Evaluation and Director of the Developmental Disorders Program, Spring Harbor Hospital, is spearheading an exciting project that aims to develop a comprehensive registry of clinical and biological data on severely affected children and adolescents with Autism Spectrum Disorder (ASD). Dr. Siegel and his research team will gather data on the dimensions of expressive language ability, emotional regulation, aggression, self-injurious behavior, and intelligence,

and examine the relationships among these critical factors. The project represents a partnership between MMCRI and Spring Harbor Hospital, as well as collaboration with five other clinical sites that treat patients with ASD.

Individuals severely affected by an ASD, particularly those with intellectual disability, significant expressive language impairments, and/or self-injurious behavior, have been understudied. As many as 50% of children with ASD fail to develop functional language, 30-50% have intellectual disability, and up to 55% have a lifetime incidence of self-injurious behavior. Although rigorously collected phenotypic and biological data have contributed greatly to ASD research, adequate data from severely affected individuals are lacking. This gap in our knowledge is particularly striking given

that communicative and cognitive abilities are the best predictors of long-term outcomes in children with ASD. Barriers to the study of the severely affected ASD population include challenges in their recruitment and participation in outpatient research studies, limited contact of most investigators with this population, and a relative lack of validated measures for characterizing these individuals.

Dr. Siegel and his co-investigators in the Autism and Developmental Disorders Inpatient Research Collaborative (ADDIRC) have developed a research platform for advancing the clinical assessment and treatment of patients with severe ASD. Each year, over 1000 children and adolescents with ASD and serious behavioral disturbance are admitted to the six specialized psychiatric hospital units that comprise ADDIRC. The patient population is heavily weighted toward individuals with severe ASD. This project will establish multi-site data collection procedures and test these procedures in a prospective study of 500 subjects in the ADDIRC's inpatient ASD population. Ultimately, Dr. Siegel and his colleagues expect to establish a research platform capable of efficient recruitment and standardized assessment of 500-1000 individuals with ASD per year.

The hope is to utilize the behavioral outcome data and stakeholder process to develop and disseminate a clinical practice pathway for inpatient psychiatric treatment of individuals with autism. This will raise the standard of care in the ADDIRC units and inform best practices for psychiatry units in the U.S. and abroad.

Maine Medical Center Research Institute

<http://www.mmcri.org/home/webSubContent.php?list=webcontentlive&id=546&catID=6&subCatID=23>

## Temple Grandin Conference - September 27<sup>th</sup> 2013

Dressed in black Western-style shirt, black pants and red scarf, Dr. Temple Grandin came to Portland in September as keynote speaker for the Autism/Asperger's Conference which drew educators, health care providers, individuals with autism and their families.

Temple discussed the DSM-5's impact on individuals with autism and Asperger's, and The Autistic Brain and Teaching Techniques that work. She emphasized building on an individual's talent to educate and to choose a career path in adult life. In her straightforward manner of speaking, Temple reflected on the obstacles she has faced and offered advice from her experience as a successful professional with autism.

Board Certified Behavior Analyst Dr. Jim Ball spoke on behavioral intervention and strategies for classroom success. Jennifer McIlwee Myers offered insight from her personal experiences growing up with Asperger's Syndrome.

*Susan, Temple, and Cathy*

ASM gave families and professionals the opportunity to attend this conference with scholarships.

Dr. Temple Grandin's new dvd of this presentation and Jennifer McIlwee's new book "How to Teach Life Skills to Kids with Autism or Asperger's" can be seen on the library page or visit ASM's online Lending Library at:  
<http://www.asmonline.org/library.asp>



## 7<sup>th</sup> Annual Ride for Autism

This year's event was a record breaker for us. Each year the committee has said, "Maybe this year we will get 100 riders". It finally happened. We were so pleased to have 112 riders join us for this spectacular ride through Biddeford Pool and along the coastline.

**The top fundraisers were:**

*1st place Conrad Sastre*

*2nd place Gwen Mulligan*

*3rd place Leslie Mark*

*4th place Don Burgess*

We want to thank all the riders for participating and all the families who also joined us for a wonderful BBQ after the event. Many people volunteered, and we want to send out a sincere thank you! We raised over \$14,000.



# Welcome to the Autism Society of Maine Library!

Library materials can be borrowed two items at a time for two weeks (not including mailing time), and renewed if there is not a waiting list. If you are not able to visit the library in person, materials can be mailed to you and return postage will be included for your convenience. You do not have to be a member of ASM to access the library.



E-mail: [library@asmonline.org](mailto:library@asmonline.org) 1-800-273-5200 Online Library Page: [www.asmonline.org/library.asp](http://www.asmonline.org/library.asp)

**Autism Early Intervention: Fast Facts** by *Raun Melmed*  
A guide that explains the evaluations, diagnosis, and treatment for children with Autism Spectrum Disorders. Includes easy-to-read charts and tips and glossary of autism terms. 89 pgs.



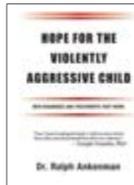
**Early Intervention & Autism** by *James Ball*  
Explains early intervention and gives parents the hands-on tools and strategies to start working effectively with a child, even before early intervention services kick in. Ten chapters cover important issues and answers many questions parents may have. 424 pgs.



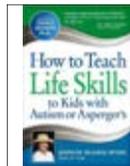
**How do I Teach This Kid To Read?** By *Kimberly Henry*  
Simple instructional strategies that can be used to help develop early literacy skills in young children with autism. Included are units on phonemic awareness, vocabulary, comprehension, and fluency. Includes cd of printable tools. 200 pgs.



**Hope for the Violently Aggressive Child: New Diagnoses and Treatments that Work** by *Dr. Ralph Ankenman*  
Dr. Ralph Ankenman presents new diagnoses and treatment options for children who have severe disruptive meltdowns at home or school. Referred to as Immature Adrenaline Systems Over reactivity (IASO), this approach is based on the relationship between aggression and the body's adrenaline systems. 150 pgs.



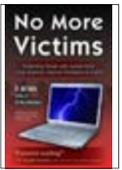
**How to Teach Life Skills to Kids with Autism or Asperger's** by *Jennifer McIlwee Myers*  
High-functioning children with autism or Asperger's function better as adults if they've had the chance to learn basic skills, from being on time to good personal hygiene. But many reach adulthood without those skills. Author Jennifer McIlwee Myers, diagnosed with Asperger's can show you opportunities of how to teach and guide children to learn in natural settings. 322 pgs.



**Living the Smart Life (DVD)**  
"Living the Smart Life" is a story which demonstrates AbleLink's vision for how technology can make a difference in the lives of people with intellectual and developmental disabilities. As you will see in the movie, people with cognitive disabilities can benefit from the same mainstream technologies that everyone uses to manage and enjoy life when provided with the appropriate access. 15 minutes  
Free copies of this dvd at: *Abelink Technologies* <http://tinyurl.com/kojar6q>



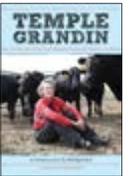
**No More Victims** by *Dr. Jed Baker*  
The digital world offers a wonderful way to communicate and socialize with others. Yet, it is also rife with the dangers of being victimized emotionally, physically, and financially. A resource to help prepare those with autism with cyber bullying, internet predators and scams they may encounter on the Internet. 94 pgs.



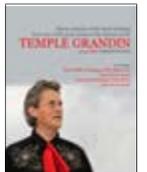
**8Planning for the Future** by *L. Mark Russell, Arnold Grant, Suzanne Joseph & Richard Fee*  
Planning for the Future discusses, in easy to understand way, all the steps that parents should take to ensure a secure life for their son or daughter. The book answers every question the authors have been asked over their collective 30-plus years of experience in advising families who have a son or daughter with a disability. 430 pgs.



**Temple Grandin: How the Girl Who Loved Cows Embraced Autism and Changed the World** by *Sy Montgomery*  
Dr. Temple Grandin is a scientist and professor whose career revolutionized the livestock industry. As an advocate for autism, Temple uses her experience as an example of the unique contributions that autistic people can make. This compelling biography complete with Temple's personal photos takes us inside her extraordinary mind and opens the door to a broader understanding of autism. Illustrations, Ages 10-14, 148 pgs.



**Temple Grandin - 2014 New Presentation DVD**  
A dynamic and straightforward presentation from one of the great minds of the autism world.

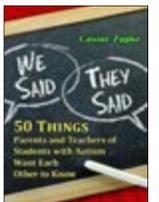


Temple covers: How DSM-5 changes will affect you, The Autistic Brain, Teaching techniques that work and much more! 90 minutes.

**The Reason I Jump** by *Naoki Higashida*  
Naoki a very smart and self-aware thirteen-year-old boy with autism and the author of this memoir that demonstrates how an autistic mind thinks, feels, perceives, and responds in ways few of us can imagine. Using an alphabet grid to painstakingly construct words, sentences, and thoughts that he is unable to speak out loud, Naoki answers even the most delicate questions that people want to know. 176 pgs.



**We Said, They Said: 50 Things Parents and Teachers of Students with Autism Want Each Other to Know** by *Cassie Zupke*  
Voices what parents and educators want to say to each other, but don't. It explains why they do what they do. It helps fill the chasms of misunderstanding that breed assumptions like "They don't care about my child," and "They're just in denial." It gives educators and parents the necessary tools to build the relationships they need to help their children. 288 pgs.







## Support our Services: Give to the Autism Society of Maine!

The Autism Society of Maine is a statewide nonprofit organization that for over 36 years has served Maine individuals with autism and their families, professionals, and communities by providing education, advocacy, referrals, and resource development. We rely on donations and fund-raisers to help cover the cost of our programs and activities that bring awareness and community to individuals and families affected by ASD. Here's how you can help:

- General donations may also be made anytime of the year online using our secure donation forms (or you can download and print our PDF forms) at: [http://www.asmonline.org/involved\\_donations.asp](http://www.asmonline.org/involved_donations.asp)
- Memorial donations to the Society in memory of a friend or loved-one may also be made at: [http://www.asmonline.org/involved\\_donations.asp](http://www.asmonline.org/involved_donations.asp)
- Donations through Network For Good may be made at: <https://www.networkforgood.org/donate/process/expressDonation.aspx?ORGID2=%2001-0407346>
- Donations through United Way can be directed to the Autism Society of Maine. For more information, visit: [http://www.asmonline.org/involved\\_donations\\_united\\_way.asp](http://www.asmonline.org/involved_donations_united_way.asp)
- Host a fund-raiser with proceeds going to ASM. Some of the past and current fund-raisers have included: Avon, Pampered Chef parties, Mary Kay parties, bake sales at events, selling autism awareness items at conferences or craft events, selling holiday wreaths, selling T-shirts. If any of these fund-raisers interest you, please call us for more information.

For other ways to contribute, contact us at [asm@asmoline.org](mailto:asm@asmoline.org). Thank you for supporting our mission!

### Become a Member!

The Autism Society of Maine invites you to join families and professionals in the pursuit of knowledge about autism spectrum disorders, treatments and support for Maine children and adults with autism.

You may register online at:

[www.asmonline.org/involved\\_joinasm.asp](http://www.asmonline.org/involved_joinasm.asp)

or call ASM at 1-800-273-5200

**Call us at: 1-800-273-5200 or visit us online at [www.asmonline.org](http://www.asmonline.org)**