

Teen Social Group

ONLINE

This group is designed to address the many social issues faced by youth (ages 16-26) who have been diagnosed with Autism Spectrum Disorder. Areas that we focus on include: improving youth's sense of belonging and ownership, providing an environment for youth to learn and apply essential social skills through group activities like playing games or creating games, providing youth with a safe and supportive environment in which they can interact with other youth that have similar challenges.

WHEN: This group will meet the second Monday of the month from 6-7pm via **ZOOM**.

Emails will be sent to teens/parents 1 week prior to the group date with the Zoom Meeting info and link. We will also let the teens know what the group will be doing during that time, so they can decide if they would like to participate. It is not mandatory to attend each group, we understand if a teen wants to opt out of an activity, they can just join the following month.



Requirements for the Youth Group:

- Youth must be between the ages of 16-26 years
- Youth must have a diagnosis of Autism Spectrum Disorder
- Youth must be willing to verbally communicate with others to get the most benefit out of the group

Want to know more or join the group:

Please send an email to bridgtonais@yahoo.com We would like to find out more about the teen and provide you with information about the group.